



Erasmus+

Training Course

“World Without Hate – Youth for Human Rights”

Shtip, 18 – 26 September 2018

Dear participants to the Training Course „World Without Hate – Youth for Human Rights”,

We are glad to welcome you soon in Shtip for the "World Without Hate – Youth for Human Rights". For you to prepare yourself on all levels – mentally, emotionally and logistically – for this gathering we have put together a number of informations for you:

Short summary

This project brings together young people and youth workers from CoE Member states and Ghana and India and focuses on online and offline measures combating hate speech. There for this project aims to assist civil society organizations (CSO's) in addressing human rights issues through education.

What are our objectives of the project?

- increasing the competences of youth leaders, youth workers and educators in the field of anti-hate speech activism and Human Rights Education
- training participants in using the 'Compass' Manual for HRE for anti-hate speech activities
- mainstreaming anti-hate speech and HRE methods in youth work and developing future HRE-related projects in partner countries
- linking European anti-hate speech activities with local campaigning on human rights
- increasing the international dimension of youth work, notably with reference to human rights education
- assuring a long term, sustainable increase in quality of partner organisations' work with combating hate speech and human rights issues.

What are the project activities:

1. Coordination meeting in Skopje, Macedonia, 1-4.02.2018
2. Training course in Ciampino, Italy, 4-12.05.2018
3. **Training Course in Shtip, Macedonia 18-26.09.2018**
4. Local workshops/activities in all partner countries
5. Seminar in Bansko, Bulgaria

What are the project partners:

1. Pro xpert – Ramnicu Valcea, Romania
2. International Initiatives for Cooperation - Razlog, Bulgaria
3. SOS Europa – Rome, Italy
4. Konya Metropolitan Municipality Kilicarslan Youth Center – Konya, Turkey
5. OSDA – Accra, Ghana
6. DISHA – Aurangabad, India

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Info for Participants

<http://www.mls.mk>

Methodology

The methodology will include communication based methods (interaction, dialogue, open discussions), activity based methods (sharing experience, practice and experimentation), socially focused methods (partnerships, teamwork, networking) and self directing methods (creativity, discovery, responsibility, action).

The overall character will be participative, pro active and interactive with a learner – centred educational approach, as recommended by Council of Europe for non formal education in youth work.

What should you know about the location?

- ✓ Stip is a small town located in the eastern part of Macedonia. From Skopje to Stip travel last around 1 hour and 45 minutes by bus (see the bus time table for busses going from Skopje to Stip).
- ✓ The hotel is situated 15 minutes out of city with a view to the city and nature. Hotel Izgrev, address: ul. Veljko Vlahovic no. 1, 2000 Stip, Macedonia; tel: 00389 32 394 919



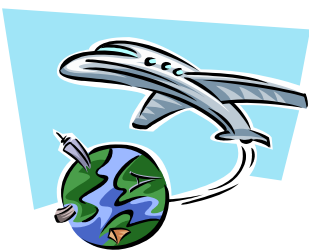
- ✓ Be prepared to be accommodated with 2, 3 OR 4 person(s) in the room of the same sex. Each room is equipped with bathroom, air conditioning, TV, mini bar. There are also towels and bed linen.
Note!!! Please note that the organizers will not provide any additional accommodation for your stay in Macedonia outside the TC dates. Those of you willing to arrive **before September 18** or depart after

26 September should inform the organizers as soon as possible. We can assist you in booking a hotel in Stip or Skopje or arranging the local transport.

- ✓ **Note!!! You are not allowed to stay more than 2 days before or after the project in the country. If you decide to stay more, you will be reimbursed only one way ticket, according to the Erasmus+ rules. And you should travel to Macedonia without long stay in other countries. SO PLEASE LET US KNOW YOUR ROUTE AND PRICE OF THE TICKET BEFORE YOU BUY IT!!! Once we receive that information from you, we will confirm you asap if you can or not buy the ticket.**
- ✓ Meals are served in the hotel restaurant.
- ✓ Our working room is on the ground floor.

PLEASE LET ME KNOW IF ANY OF YOU IS VEGETARIAN, OR YOU NEED ANY HELP OR ASSISTANCE, SO WE CAN PROVIDE IT IN ADVANCE.

How to get there and when?



- ✓ Participants are requested to arrive in the hotel on 18th September and to leave on 26th September.
- ✓ For those coming by plane the best and the cheapest flight connections to Skopje are via Belgrade (JAT Airways), Zagreb (Croatian airlines), Istanbul (Turkish airlines or Pegasus), Milan, Rome (Wizzair).
- ✓ In case of a late arrival or early departure, we can organize a pick up for you. The pick up from/to the Airport costs 40 eur (per car) and can be reimbursed from your travel costs.
- ✓ From Skopje Alexander the Great Airport, take a bus to Skopje Center. The bus ticket costs 180 MKD (you can purchase the ticket only in denars). Please keep the ticket (**FISKALNA AND TICKET**- tell this to the bus driver). You can buy ticket in the bus. Bus company VARDAR EXPRESS. You can get the bus in from of the Airport, on the bus stop (after going through the EXIT door from the Airport building). Once in the bus, you will need to get off at the International bus station. From there take a bus to Shtip.

- ✓ Before buying bus ticket from the Airport, you need to exchange money. You can do it in the Post office or the Banks located at the Airport. There are also plenty of ATM's at the Airport.
- ✓ The time table of the buses going to Skopje from Skopje Airport can be found on the following link- <http://skp.airports.com.mk/BusTransportPopUp.aspx?l=2&t=1>
- ✓ The time table of the buses going to Stip:

starts	arrive	place	Carrier	Price	return tick
07:30:00	09:35:00	STIP	BEROVO TRANS	270.00	400.00
08:00:00	10:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
08:15:00	10:20:00	STIP	AVTOATOM KOCANI	270.00	400.00
08:45:00	10:45:00	STIP	BISER PROM	220.00	300.00
09:30:00	11:40:00	STIP	BEROVO TRANS	270.00	400.00
10:00:00	12:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
12:00:00	13:45:00	STIP	STRUMICA EKSPRES	270.00	400.00
12:30:00	14:45:00	STIP	BEROVO TRANS	270.00	400.00
12:30:00	14:35:00	STIP	AVTOATOM KOCANI	270.00	400.00
13:00:00	15:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
14:00:00	16:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
14:30:00	16:30:00	STIP	AVTOATOM KOCANI	270.00	400.00
15:15:00	17:20:00	STIP	BEROVO TRANS	270.00	400.00
15:30:00	17:35:00	STIP	STRUMICA EKSPRES	270.00	400.00
15:45:00	17:45:00	STIP	AVTOATOM KOCANI	270.00	400.00
16:00:00	18:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
16:30:00	18:40:00	STIP	AVTOATOM KOCANI	270.00	400.00
17:00:00	19:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
17:00:00	19:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
17:30:00	19:35:00	STIP	STRUMICA EKSPRES	270.00	400.00
18:00:00	20:05:00	STIP	BEROVO TRANS	270.00	400.00
18:00:00	20:00:00	STIP	STRUMICA EKSPRES	270.00	400.00
18:30:00	20:35:00	STIP	AVTOATOM KOCANI	270.00	400.00
19:00:00	21:05:00	STIP	STRUMICA EKSPRES	270.00	400.00
19:30:00	21:15:00	STIP	AVTOATOM KOCANI	270.00	400.00
20:37:00	22:15:00	STIP	STRUMICA EKSPRES	270.00	400.00

- ✓ The price of single one way ticket Skopje-Shtip is 270 denars. There's exchange office in the bus station. **Note!!!** Since the bus is passing by the hotel tell the bus driver to stop at the GAS STATION NIKO PETROL and the hotel is 3 min walking upwards from the gas station. Otherwise you can get a taxi from the bus station and it will cost maximum 50 denars (0.90 eur).
- ✓ The meeting starts at 19:00 o'clock on 18th September.

Travel reimbursement:

The organizer will reimburse 100% of your travel costs from home city to Shtip, Macedonia maximum to the received budget limit.

Reimbursement of travel costs will be done after we received all the original tickets with boarding passes and receipts/invoices via bank transfer to the partner organization.

Please attach e-tickets and/or scanned invoices and paper tickets to your application forms (see application form file). Following the guidelines of the Erasmus+ programme the travel back must be realised by the participants on direct way within a maximum of 2 days. In case of longer stays or indirect travelling (holiday travel etc.) there is no chance of reimbursement of travel costs. **Missing tickets will not be reimbursed.**

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

Note!!! Please note if you bought your ticket in local currency which might be different than EUR, we will calculate travel costs according to the exchange rates from the official European Commission web-site for the month of the ticket purchase
http://ec.europa.eu/budget/contracts_grants/info_contracts/infoeuro/index_en.cfm

Note!!! Please see Annex 1 for the travel budget limits at the end of this document. If your travel costs exceed the amount budgeted in the project, we will be able to reimburse you 100% of the travel costs indicated in the travel budget.

After the training course, the original tickets and boarding passes should be sent to:

Minority Leaders for Society
st. Karl Marks 32a
2000 Shtip
Macedonia

What you should prepare in advance?

- ✓ Please prepare a short description of your **organization** in English for the NGO fair. Bring photos, brochures, newspapers or anything that can present activities of your organization for the presentation. We have projector we can use for the presentations. It's also good to bring electronic materials.
- ✓ Please bring some typical food, drink, national specialties, songs, instruments, brochures etc. to present your culture for the rest of the group. We will have an intercultural evening during the training.
- ✓ Good mood and enthusiasm.

Health insurance

Health insurance is not provided by the organizers. All the participants are required to purchase health insurance individually.

Regarding the prices in Macedonia:

- 1 euro = 61.3 denars (Macedonian money). You could bring euro or dollars with you and can change in denars. There are exchange offices and banks in city that are functioning till 20.00 o'clock in evening. .
- In the city a beer costs 100 denars, a coffee 80 denars, coca-cola 90 denars.

Weather

Usually in this time of the year it's a warm in Macedonia. So according to the weather web sites the maximum should be 30°C during the day and minimum 15°C during the night. Anyway it's still better if you bring warm jacket or something warmer for the night in case if it gets colder.

What to do in case of emergency?

- ✓ Your **contact person** is Andrijana. In case of emergency you can call on the following mobile: +389 70 837 850 or +389 77 566 118

If you have any questions do not hesitate to contact us.

Country	Number of persons	From	To	Means of transport	Total costs per person (100%)
Pro Xpert	3	Ramnicu Valcea	Shtip	Plane/bus	275
IIC	3	Razlog	Shtip	Bus	80
SOS Europa	3	Rome	Shtip	Plane/bus	275
KMM	3	Konya	Shtip	Plane/bus	275
OSDA	3	Accra	Shtip	Plane/Bus	820
DISHA	3	Aurangabad	Shtip	Plane/bus	820