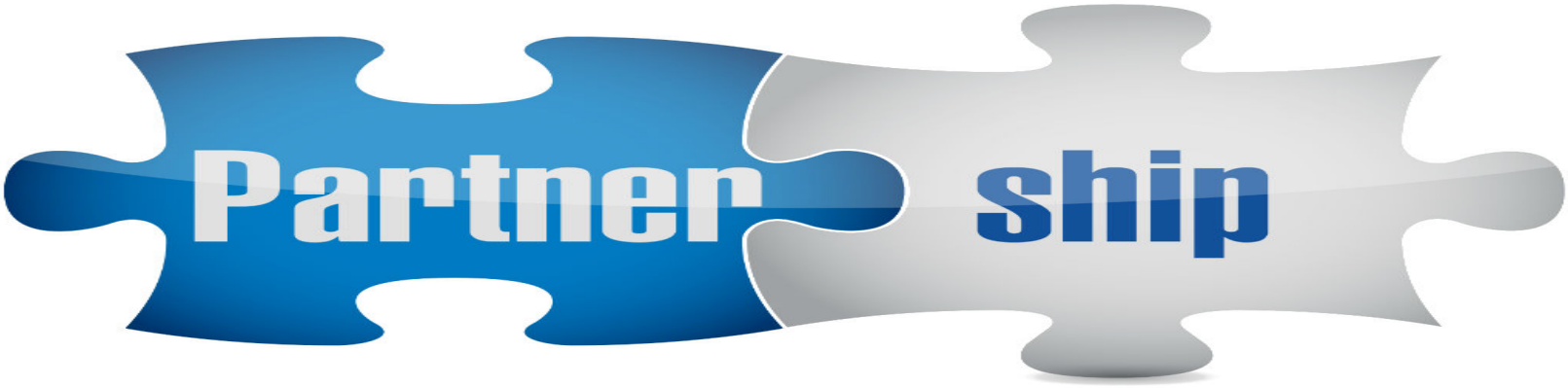
Co-funded by the Erasmus+ Programme of the European Union

INFOPACK

# Seminar: Sport to promote change for LGBT

**Type:**
**Small collaborative partnership**

**Programme:**
**Erasmus + SPORT**




**Coordinator**

Association for Progress, Education and Lobbying PEL is non-profit, non-governmental organization with an aim to improve the situation of young people and women in all areas of social life. This is achieved by promotion of human rights and volunteerism and their values and by making these things possible to all citizens.

**Partner**

Associação Juvenil de Peniche was founded in 1990 with purpose to organize projects in the social, cultural and international areas. The organization works with children and youngsters daily, while developing activities connected to sport, education, environment, applied arts and social skills.

**Partner**

Association of deaf and partially deaf Nova Gradishka is voluntary social and humanitarian, cultural educational organization that promote all aspects of quality of life, in the exercise and protection of their individual and collective interests.

**Partner**

Associazione Italiana Cultura e Sport and has been founded in 2012. Gaycs works in the fields of advocacy, sexual health, psychological and legal support, and is specifically involved in the field of human rights education through sport.

**Partner**

Janta Volej (Yanta Volley) aims to create conditions for a larger scope of citizens, and especially for pioneers, school and student youth for occupation with volleyball sport.

# Project aims and objectives:

The aim of the project is to build the capacity of organizations and individuals in order to provide better practices through new forms of training and support developed for target groups with the focus on raising awareness about the rights and need for support to young LGBT persons in sports and establishing safety net for these persons and educational programmes for other actors involved in sports/sport clubs.

Specific objectives are:

- To understand our own beliefs and feelings about LGBT phobia, and recognize and act upon the important leadership role you play as life learning individual;
- To promote greater understanding and awareness of the effects of discrimination against young LGBT individuals and prejudice in schools effecting them;
- To present EU legislation, papers and actions in support of LGBT people in sports;
- Act quickly to address LGBT phobic language, jokes and actions that ridicule or put down LGBT people, women or any minority groups;
- To clarify the role of EU institutions, national institutions, non-profit/non-government organizations, sporting clubs and individuals in the wholesome of support for LGBT sports-persons and young people;
- To establish a network of organizations that will further promote equality of LGBT persons in sports.

# Seminar, 22-26 July in Shtip, North Macedonia

● The Seminar will be held in hotel Izgrev, Shtip from 22nd to 26th July 2019. https://www.facebook.com/Hotel-Izgrev-Stip-540594286039782/

● You will be sharing 3 and 4 bed rooms. Each room has a private bathroom, TV, free internet, towels.

● Breakfast, lunch and dinner will be served in the hotel. The working room is on the ground floor.

**! Note:** Please note that the organizers will not provide any additional accommodation for your stay in North Macedonia outside the project activity dates. Those of you willing to arrive before July 22 or depart after July 26 later should inform the organizers as soon as possible. We can assist you in booking a hotel/hostel in Skopje/Shtip or arranging local travel.

# HOW TO GET TO THE HOTEL?

- Participants are requested to arrive in the hotel on 22nd June and to leave on 26th June.
- For those coming by plane the best and the cheapest flight connections to Skopje are via, Zagreb (Croatian airlines), Rome, Milan, Budapest, Berlin (Wizziar), Warsaw (LOT).
- From Skopje International Airport, take a bus to Skopje Center. The bus ticket costs 180 MKD (you can purchase the ticket only in denars). Please keep the ticket (FISKALNA AND TICKET- tell this to the bus driver). You can buy ticket in the bus. Bus company VARDAR EXPRESS. You can get the bus in front of the Airport, on the bus stop (after going through the EXIT door from the Airport building). The time table of the buses going to Skopje from Skopje International Airport can be found on the following link : https://www.vardarexpress.com/index.php?id=28&L=2

**! Note** If arriving later on 22nd, we can organize a pick up for you with a minibus. The taxis at the airport are not legal and we can not reimburse you the money for that taxi company.

- Before buying bus ticket from the Airport, you need to exchange money. You can do it in the Post office or the Banks located at the Airport. There are also plenty of ATM's at the Airport.
- Once in the bus, you will need to get off at the Skopje Bus Station. From there take a bus to Stip. It costs 280 denars ( 4,50 euros). The trip lasts around 1h 30 min.

## REIMBURSEMENT AND TRAVEL LIMIT

- The organizer will reimburse 100% of your travel costs from home city to Skopje, North Macedonia maximum to the received budget limit.
- Reimbursement of travel costs will be done after we received all the original tickets with boarding passes and receipts/ invoices via bank transfer to the partner organization.
- Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.
- **Note!!!** Please note if you bought your ticket in local currency which might be different than EUR, we will calculate travel costs according to the exchange rates from the official European Commission web-site for December 2018.

| PARTNER | Kick off meeting |
|---|---|
| **UGNG** | 5 participants x 180 EUR |
| **GAYCS** | 5 participants x 275 EUR |
| **AJP** | 5 participants x 360 EUR |
| **Janta Volej** | 5 participants x 0 EUR |
| **PEL** | 5 participants x 0 EUR |

## WEATHER

- Its very hot in July in North Macedonia. So according to the weather web sites the maximum should be 35’C during the day and around 20’C during the night.
- Anyway it’s still better if you bring a light jacket or something warmer for the night in case if it gets colder.

# CONTACT

- Your contact person is Andrijana

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In case of emergency you can call on the following mobile:

+389 70 837 850