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**YOUTH CARE
THROUGH
ASSOCIATIONISM**

13 A 18 DE MAYO

CASA DE LA JUVENTUD
Puerta Berrozana, N°3, 1ª Planta

PLASENCIA

Erasmus+ Casa de la Juventud Euexia Ayuntamiento de Plasencia

TRAINING COURSE

PLASENCIA (SPAIN)
13 – 18 MAY 2020

13th Arrival Day
18th Departure Day



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 [Asociación Multideportiva Euexia](https://www.facebook.com/Asociación-Multideportiva-Euexia)

 [a.m.euexia](https://www.instagram.com/a.m.euexia)

 www.ameuexia.es

SUMMARY

Training Course- Study Visit : *YOUTH CARE THROUGH ASSOCIATIONISM* 

Mobility of Youth Workers KA1 Erasmus + 

Hosting Organization: ASOCIACIÓN MULTIDEPORTIVA EUEXIA 

PROJECT DESCRIPTION

With the project "Youth Care through Associationism" we intend to raise awareness of the importance of the youth associative movement as a tool for the social, personal and professional development of young people, and we also want to promote the collaboration and co-management of activities with and for young people, between youth organizations and public authorities, teaching the good practice implemented by the Youth Department of the Excellent City Council of Plasencia and the local Youth Associations through the Leisure Schools, in which the young leaders of associations and the youth community in general can develop skills in different fields and learn and transmit values of fellowship, solidarity and positive social behaviors.

We will carry out different activities aimed at facilitating the exchange of good practices and networking among the youth organizations participating in the Project, we will visit the Leisure Schools of Plasencia and learn about their activities and the advantages for the young people involved. We will also develop some workshops on non-formal education and co-management dynamics for youth projects. 8 youth organizations from Spain, Italy, Greece, Lithuania, Latvia, Poland, Czech Republic and Belgium will participate. We will have 2 participants for each partner organization, plus 3 facilitators from the host organization.

The project will be an opportunity to learn about needs and expectations of young people. Moreover, the network of links will allow to add an intercultural dimension to the organization's activities so far. Social workers and youth workers will gain a network of contacts and will be inspired by new activities within their organizations. The organizer of the project is "Asociación Multideportiva Euexia", within the framework of the Erasmus + KA1 Program. The project will take place in May 2019 in Plasencia (Spain).

GROUP INFORMATION

Participants will respond to the following needs: - Youth worker - Member of a youth association/entity - A person interested in the development of new youth policies - A dynamic person with a spirit of initiative, communication skills, active listening and capacity for teamwork.

- **2 participants from each country**
- **The participants' age 18+**
- **Please fill in the participants list with all your data:**

[Participant List](#)

PARTNER ORGANIZATIONS

The following organizations are involved as partners in this project:

1.  ASOCIACIÓN MULTIDEPORATIVA EUEXIA, **Spain** (Host)
2.  PARAGRAF INTERNATIONAL BELGIUM, **Belgium**
3.  UNIQUE PROJECTS, **Lithuania**
4.  CZECH YOUTH ASSOCIATION Z.S., **Czech Republic**
5.  ASSOCIAZIONE SOS EUROPA, **Italy**
6.  "MIHI", **Latvia**
7.  STOWARZYSZENIE SZTUKATER, **Poland**
8.  YOUTH ENTREPRENEURSHIP CLUB, **Greece**

THE VENUE

Plasencia is a walled market city in the province of Cáceres, Extremadura, Western Spain (200km west of Madrid). As of 2013, it has a population of 41,047.

Situated on the bank of the Jerte River, Plasencia has a historic quarter that is a consequence of the city's strategic location along the Silver Route, or *Ruta de la Plata*. Since the 15th century, the noblemen of the region began to move to Plasencia, defining its current appearance.



ACCOMODATION

Participants will be hosted at the **HOTEL DORA**. The accomodation will be provided in double or triple rooms, with private bathroom included. The breakfast will be at the hotel, the lunch and dinner at local restaurants.

Link: [HOTEL DORA](#)



HOW TO ARRIVE TO PLASENCIA

- By plane to Madrid Barajas Airport 
- From Madrid Barajas Airport to Atocha's Train Station. 
You can reach the Atocha's Train Station in 2 different ways:
 - At the airport there are two metro stations, "Aeropuerto T1-T2-T3" and "Aeropuerto T4". Line 8 (pink) connects these stops to all parts of Madrid, daily from 6 a.m to 2 p.m. There are Maps on which you can see which lines you need to take in order to reach the Atocha's Train Station.
 - At the airport there is an express bus which goes from the airport terminals to the Atocha's Train Station every 15-20 minutes. This option is simpler and cheaper than the metro, as it allows to arrive directly to Atocha with no need to change the line. The bus also has got enough space to store all your luggage. (Cost for the bus: 5€ / Driving time: 45 min).
- From Atocha's Train Station to Plasencia. 

You can take a train to Plasencia. You can book your tickets [here](#):

It is very important that for the moment you DON'T BUY the tickets, otherwise they cannot be reimbursed. The official start date of the project is March the 1st, so we will not be able to reimburse tickets bought before this date.

TRAVEL COSTS REIMBURSEMENT

Asociación Multideportiva Euexia will reimburse the travel expenses according to the travel limits defined by the Erasmus+ Programme (European Commission Distance Calculator: http://ec.europa.eu/dgs/education_culture/tools/distance_en.htm).

Please remember that taxi and business class flight tickets will not be reimbursed, only the economy class flight tickets, train tickets and bus tickets will be reimbursed.

Please remember to keep all the boarding passes and original tickets, otherwise we can't proceed to the reimbursement.

The reimbursement of the travel costs will be done in EURO, regardless of the currency indicated on the tickets, receipts or invoices.

The reimbursement will be done by realizing a bank transfer at the bank account of each partner organization, once the participants will:

- present original tickets, receipts/invoices and boarding passes;
- complete the Online Report sent by the European Commission right after the mobility.

TRAVEL LIMITS

Country	City	Venue	Distance	No. of pax	Euro
Greece	Chania	Spain/Plasencia	2000-2999km	2	360 per P.
Belgium	Athus	Spain/Plasencia	500-1999km	2	275 per P.
Lithuania	Kaunas	Spain/Plasencia	2000-2999km	2	360 per P.
Czech Republic	Přerov	Spain/Plasencia	2000-2999km	2	360 per P.
Poland	Wrocław	Spain/Plasencia	2000-2999km	2	360 per P.
Italy	Roma	Spain/Plasencia	500-1999km	2	275 per P.
Latvia	Sladus	Spain/Plasencia	2000-2999km	2	360 per P.

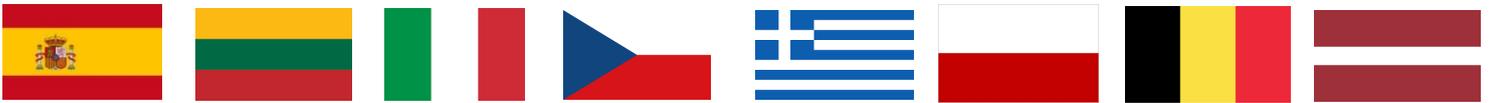
FINANCIAL SUPPORT

The accommodation, meals and activities will be free of charge for the participants, all the cost will be supported by the host organization Asociación Multideportiva Euexia through the Erasmus+ grant provided by the European Commission

WHAT TO PREPARE AND BRING

During the sessions all the participants will have the opportunity to share information about their own countries and organizations. Each national group has to bring some information about its local context regarding with working with young people, NGO presentation (ppt, posters, guides, flyers...).

For the intercultural night, please don't forget to bring some typical food and drinks of your country, national costumes, music, videos. Bring also your flag country, please.



WEATHER

Normally the weather is quite warm in spring, but please make sure you also have a jacket for rainy days and warm clothes for the colder mornings and nights.

CONTACT DETAILS

FACEBOOK PAGE

Join our Facebook group : [Youth Care Trough Associatonism](#)

[Like us: ASOCIACIÓN MULTIDEPORATIVA EUEXIA](#)

Here are the contacts of our team, please feel free to contact us if you need any information:

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We look forward to meet you in Plasencia 😊