



INFOPACK

KA1 - Youth Workers Mobility (Seminar)



27th of February – 5th of March of 2020

Porto, Portugal

Funded by:



Co-funded by the
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FIRST PART

INFOPACK

Brief description of project

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CONTEXT

We now recognize problems and social needs common to various contexts and groups that need to be addressed. The 17 Sustainable Development Goals (SDGs), as an example, set by the United Nations in the 2030 Agenda, are goals aimed at eradicating problems that limit social change.

In this sense, the work aimed at generating social impacts is increasing. Transnational initiatives are being developed by youth workers and organisations with potential for social impact that are reflected as a vehicle for the transformation of social reality.

However, there is a gap in the understanding of concepts such as social impact, entrepreneurship and social innovation and their transferability to youth intervention. There is an increased difficulty in stimulating initiatives with new and innovative models of social intervention whose guidelines are structured for the management and assessment of social impact, entrepreneurship and social innovation, while at the same time appealing to youth participation.



Within the scope of the project, the social problem has a greater focus on the social exclusion of young people as a consequence of the absence of effectively impacting, entrepreneurial and innovative initiatives that pave the way for solving young people's problems and needs and for the consequent transformation of social reality.

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This social problem is important and neglected and has effects such as:

- Youth social exclusion: looking at the percentage of the population at risk of poverty or social exclusion by age group in the EU28 in 2017, the figure for the 16-24 age group was 29%. In Portugal, the figure was 30.9% (source: Eurostat);
- Low participation in activities: by analysing the rate of young people participating in non-formal education and training activities by age group in the EU28 in 2018, it appears that for the 15-24 age group, the figure was 12, 3%. In turn, when analysing the rate of young people who participated in active citizenship activities by age group in the EU28 in 2015, it was found that for the 16-29 age group, the figure was 19.2% (source: Eurostat).



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NEEDS

- Forward a process of sharing know-how, experiences, good practices and tools that enable a comprehensive understanding of social impact, entrepreneurship and social innovation and how it can be managed by youth workers and organizations;
- Sharing new guidelines (grounded and validated by experts) that enable the intervention work of youth workers and organisations to be inclusive and generate relevant social impacts, entrepreneurial and innovative, becoming a reference on a large scale

OBJECTIVES

- Promote the social inclusion of young people;
- Empower youth workers to understand, manage and assess social impact;
- Empower youth workers to develop impactful, entrepreneurial and innovative initiatives and projects that can engage and appeal to youth participation;
- Promote quality intervention and cross-border reference by youth workers and youth organisations;
- Promote the sharing of know-how, experiences, good practices and tools aimed at generating social impact, entrepreneurship and social innovation in youth;
- Promote the incorporation of methodologies and working methods of non-formal, informal and formal education that encourage the transformation of social reality.

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PARTNERS



COORDINATOR ORGANISATION

proacting

associação para a promoção do empreendedorismo e empregabilidade

PARTNER ORGANISATION



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ACTIVITIES



LOCAL PREPARATORY SESSIONS

From January to February 2020

Youth workers and organisations

Local Activities

SEMINAR (TRANSNATIONAL MOBILITY)

28th of February to 4th of March 2020 (+2 days of travel)

3 Youth workers from each organisation

3 Trainers / Facilitators

Porto, Portugal

EVALUATION AND DISSEMINATION SESSIONS

Throughout the project, with special focus after the Seminar

All people involved

Local Activities

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PARTICIPANTS

- Youth workers;
- Age 18 years and over;
- Facing fewer opportunity situations;
- Experienced and active in working with young people;
- Responsible in decision making;
- Ability to disseminate the results to the social agents;
- With knowledge of the Erasmus+ programme, methodologies and themes;
- Oriented to the success of the project.



METHODOLOGY

The focus methodology is **Non-Formal Educational**.

Project:

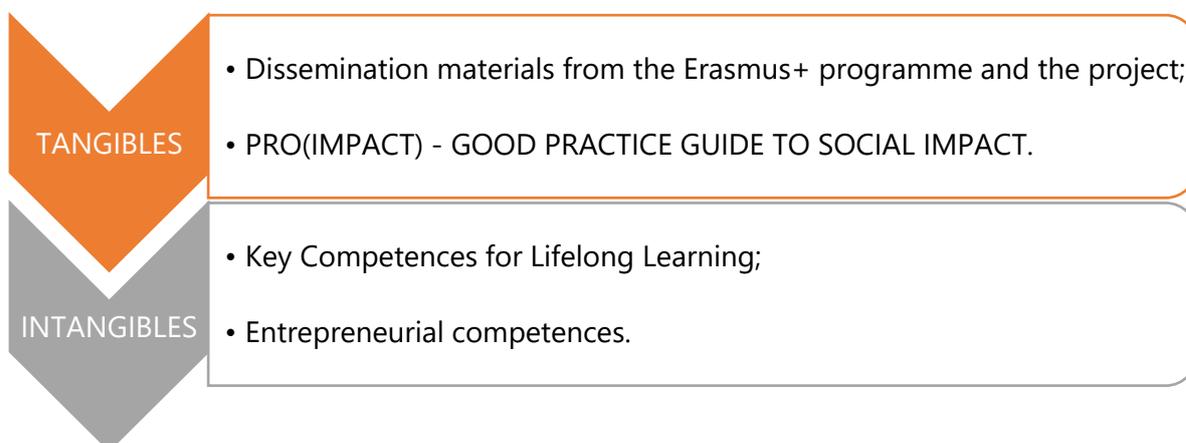


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RESULTS



LONG TERM IMPACTS AND BENEFITS

- Development of key competences for lifelong learning;
- Development of competences and learning in the spectrum of management and social impact assessment, with direct impact on the improvement of initiatives and activities recommended to young people;
- Recognition of the importance of social impact management and assessment in the pursuit of social change;
- Improvement of youth work intervention developed by youth workers and organisations;
- Adoption of competences recognition and validation processes, ensuring the use of certificates and reflection and conceptualization dynamics;
- Ability to work directly and reinforced with young people with fewer opportunities.

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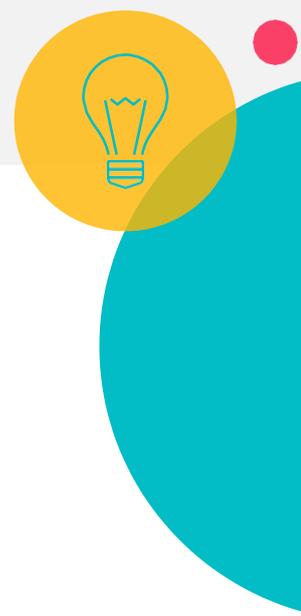
SECOND PART

PRO(IMPACT) Seminar

INFOPACK

27th of February – 5th of March of 2020

Porto, Portugal



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WHERE

PORTO, PORTUGAL

(European Best Destination 2012, 2014 & 2017)

PORTO is the second-largest city in Portugal, one of the Iberian Peninsula's major urban areas. Porto city has a population of 237,559 and a metropolitan area with 2.4 million people (2019) in an area of 2,395 km², making it the second-largest urban area in Portugal. It is recognized as a gamma-level global city by the Globalization and World Cities (GaWC) Study Group.



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TRAVELLING TO PORTO

HOW TO GET HERE

AIRPORT

- **Best option:** [Francisco Sá Carneiro Airport](#)
- **2nd Option:** Lisbon Airport
 - To travel from Lisbon, you have a lot of option and you can search [here](#).

WHO

3 YOUTH WORKERS

(18 years old or over)

Please consider the profile that was present previously (*page 9*).



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PRO (IMPACT)
working towards social impact

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BUDGET

The Erasmus+ Programme finances the project.

In this way, **no financial** contribution must be required to the participants for joining this project.

About the management of the travel of the participants, we have the following proposal:

- Each partner organisation takes on the responsibility of buying the travel for the participants.

The Erasmus+ programme has established the financial contribution by the rule of allocation. In the following table, we present a table with the funding for each partner organisation:

PARTNER ORGANISATION	DISTANCE BAND	BUDGET P/ PARTICIPANT	BUDGET TO CONSIDER P/ PARTICIPANT*
U. PORTO (PT)	0 - 9 km	0,00€	0,00€
INSIGHT_EPD (IT)	2000 - 2999 km	360,00 €	340,00 €
SFERA ITALY (IT)	500 - 1999 km	275,00 €	265,00 €
K.A.N.E. (GR)	2000 - 2999 km	360,00 €	340,00 €
SOS EUROPA (IT)	500 - 1999 km	275,00 €	265,00 €
GLOBERS (ES)	500 - 1999 km	275,00 €	265,00 €
A. M. EUEXIA (ES)	100 - 499 km	180,00 €	160,00 €
AVATUD ÜHISKOND MTÜ (EE)	3000 - 3999 km	530,00 €	510,00 €
Y. S. STRUMICA (MK)	2000 - 2999 km	360,00 €	340,00 €
YOU IN EUROPE (GR)	2000 - 2999 km	360,00 €	340,00 €
JUST DO IT (GR)	2000 - 2999 km	360,00 €	340,00 €

* For traveling from the airport to the accommodation, PROACTING will provide a bus. The price is around 5,00€/participant/travel. In this way, since there are two travel (come and return), **you should consider - 10,00€ per participant when you're buying the flights.** We will schedule the bus after receiving all flights.

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IMPORTANT INFORMATION

It's important to consider that the fly tickets must be booked to and from Porto Airport (OPO), and remember to have as a principle the booking of cheap flights and pay attention to the luggage (specially the new rules).

Attention: *The organizations will subsequently be reimbursing upon delivery of the proof of expenditure (don't forget the VAT number). The reimbursement will have a maximum limit stipulated by the distance band of Erasmus+ Guide. We only take the refund if the expenditure has the VAT number (can be partner's organisation VAT number or PROACTING' VAT number).*

VAT NUMBER: 515 385 166



ACCOMMODATION

We are currently negotiating accommodation and soon we will send more information.

Thank you.

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ACTIVITIES

LOCAL

The place of activities will be at FADEUP *.

FADEUP is the Faculty of Sport of the University of Porto and is located in the university center of [Asprela](#).

Activities and meals will be held at FADEUP and / or at the surrounding faculties.



***NOTE:** We are currently in articulation with the faculty, through our partner UP, in order to understand if we have the necessary conditions available. So, keep in mind that the place of activities may change.

GENERAL TIMETABLE

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
27-02-2020	28-02-2020	29-02-2020	01-03-2020	02-03-2020	03-03-2020	04-03-2020	05-03-2020
ARRIVAL	(PRO)IMPACT SEMINAR						DEPARTURE

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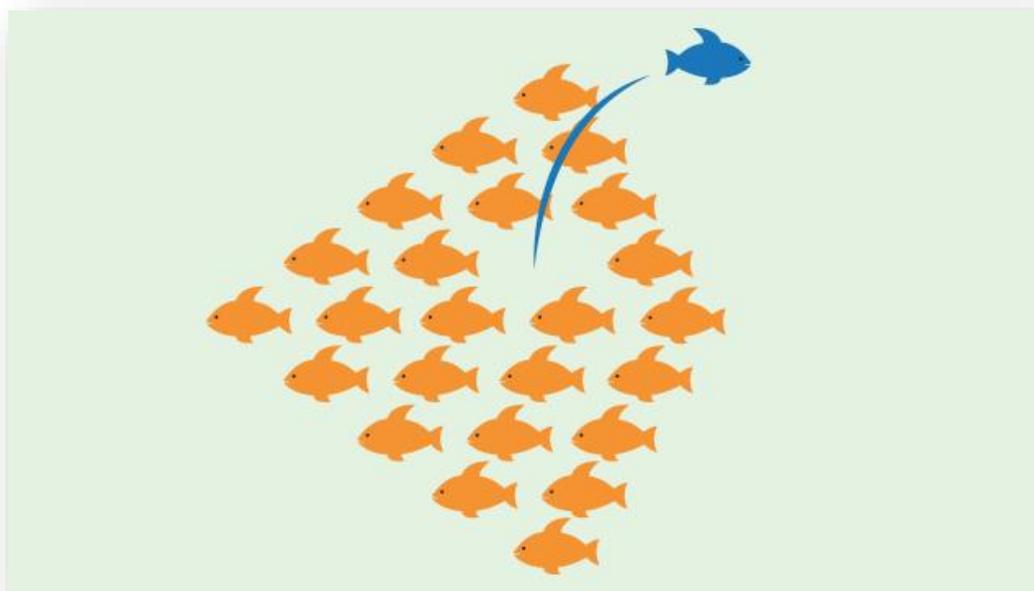
TIPS

LOCAL CURRENCY

- Our national currency / money is EURO.
 - You can change your money at the airport but depends on availability.
 - A lot of places in the city (like restaurants and some stores), only allow money.
- Be careful with your wallet and values in Porto's downtown.

BRING WITH YOU

- All your documents and the documents for the travel.
- Your health documents, medicines, etc.
- Any material that you might need for the Transnational Workshop.
- Bring comfortable clothes and shoes to know Porto by walk.
- Bring your experience, open mind and knowledge.



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BASIC VOCABULARY

One of our goals is to promote sharing of cultures and multilingualism.

In this, if you are in Portugal... why not to try it in Portuguese.

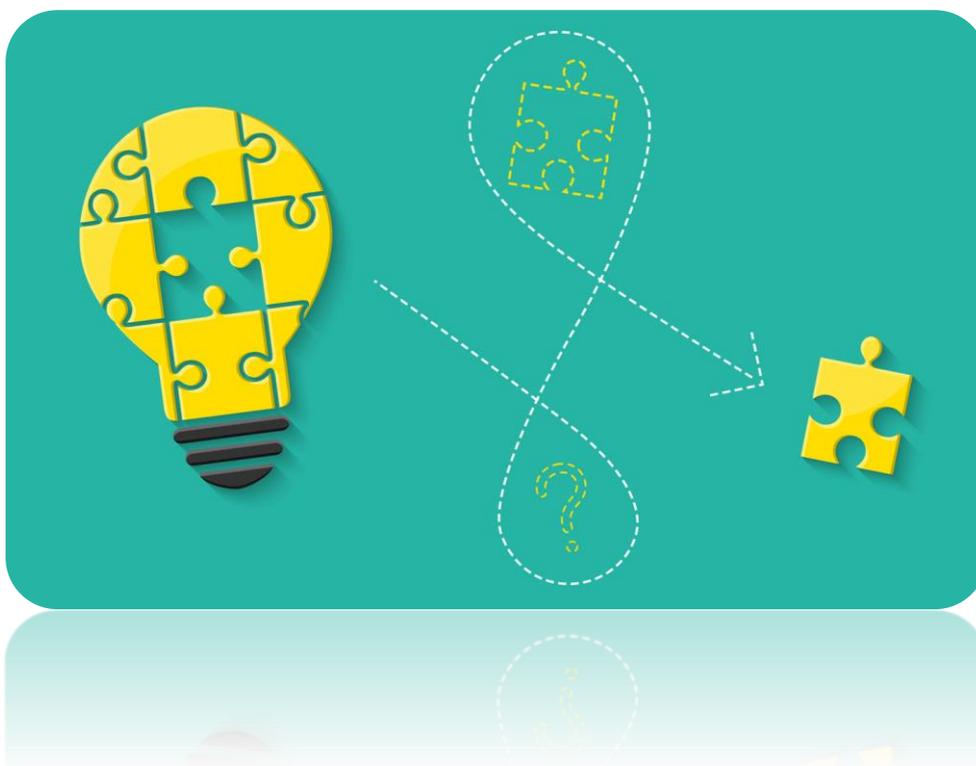
ENGLISH – PORTUGUESE

English / Inglês	Portuguese / Português	English / Inglês	Portuguese / Português
Hello!	Olá!	I don't understand	Eu não percebo
Goodbye!	Adeus!	I know	Eu sei
Good morning	Bom dia	I don't know	Não sei
Good afternoon	Boa tarde	Could you please repeat?	Pode repetir por favor?
Good night	Boa noite	Write it please	Por favor escreva isso
Yes / No	Sim / Não	Entrance	Entrada
Thank you	Obrigada (if you're a woman) Obrigado (if you're a man)	Exit	Saída
You're welcome	De nada	Emergency exit	Saída de emergência
How are you?	Como está?	Push / Pull	Empurrar / Puxar
Fine, thank you	Bem, obrigado/a	Toilets	Casas de banho
What's your name?	Como se chama?	Excuse me, where's the toilet?	Desculpe, onde é a casa de banho?
Nice to meet you	Prazer em conhecê-lo	Gentlemen	Homens
Cool!	Fixe! ("fish")	Ladies	Mulheres
Please	Por favor	Out of order	Fora de serviço
Excuse me / I'm sorry	Desculpe	Private	Privado
Today	Hoje	No entry	Proibido entrar / Entrada proibida
Tomorrow	Amanhã	No smoking	Não fumar
I speak a little English	Falo um pouco Inglês	Please speak more slowly	Por favor fale mais devagar
I understand	Eu percebo	What time is it?	Que horas são?

CONTACTS

PROJECT MANAGER / FACILITATOR

- Bárbara Silva (barbara.silva@proacting.org)
 - Bárbara will be always with you during the activities;
 - If you need any help, just contact please.



See you soon! 😊

Thank you

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