



Programme: **Erasmus+**

Key Action: Cooperation for

innovation and the exchange of

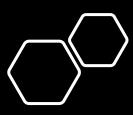
good practices

Action Type: Partnerships for Digital Education Readiness

Project Reference: 2020-1-IT01-

KA226-VET-008975





Summary

In Mom We Trust project aims to promote the self-entrepreneurship of new mothers in the field of project management applied to European funding.

The project was born from the need to be able to reconcile parent (mother) - worker times. It is thought, in fact, that the acquisition of this know-how can be an excellent basis for the start of autonomous activities.

The specific objectives are:

- 1) Transfer to new mothers the know-how to orient themselves in the world of project management applied to Eu funding.
- 2) Promote, support and encourage the start-up of self-entrepreneurship and remote work.
- 3) Provide a permanent space for discussion and sharing of good practices.

The expected results are

- 1) Start-up of new (autonomous) businesses for new mothers in the field of Project management
- 2) Implementation of a network of professional mothers at European level.

On the one hand, mothers are prepared, competent and ready to take action in this area. On the other hand, institutions that need professionals at their side to obtain contributions

from the European Commission. Our task is to bring them together, to stimulate them, to ensure the effectiveness and professionalism of the work to be carried out.

The project involves 5 organisations from countries participating in the programme and 1 partner country (North Macedonia) also involves 12 participants with fewer opportunities and

includes 2 international meetings and 2 team building. A web portal will be created that will work even after the end of the project.



Agenda



Start: 10.00

End: 16.00

Venue

SOS Europa Headquarters

Via Adone Finardi 2/A - 00169 Rome, Italy

Map

https://goo.gl/maps/kU5DVym5x5k8ybmw5





Profile Partecipants

2 Members for each partner

President, Director, Project Manager, Coordinator

Coordinator

SOS EUROPA is an indipendent association of social promotion based in Rome. It was created to spread the European cultural values and for improving integration inside and outside the Union, encouraging mobility of young people by promoting cultural exchange and knowledges exchange, participatory and active European citizenship, networking opportunities. The Association is not profit and seeks esclusively scopes of social, human, civil and cultural solidarity and of ethic research. The Association organizes courses, training, seminars and is partner of several European projects.

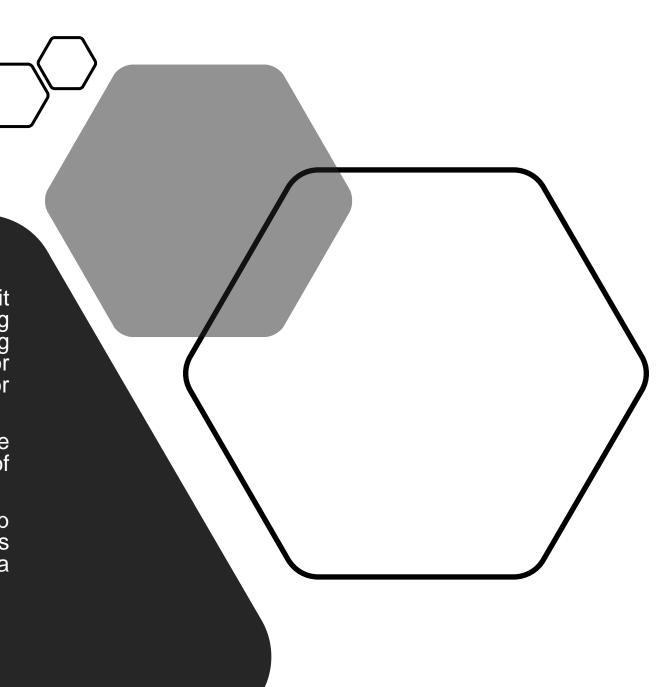


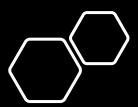
The meeting

It will be the first encounter of the project and it will be essential for sharing all aims, for starting the preparation phase at the best, for improving the knowledge between partners and for having the entire vision behind the project for all partners.

The meeting, will provide participants the opportunity to discuss about the guidelines of the project and to set the proper expectations.

Moreover, it will be useful to energize the group and enhance the cooperation about the actors involved, thus to be able then implement a successful project.





Partner Organisations

E10174265 ASSOCIATION INTERNATIONAL INITIATIVES FOR COOPERATION Bulgaria

E10146857 ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE The Republic of North Macedonia

E10042653 ASOCIATIA TINERILOR CU INITIATIVA CIVICA Romania

E10069180 NEANIKOI ORIZONTES M.K.O. Greece

E10180333 Asociación Multideportiva Euexia Spain



Economic Rules

For this Transnational Meeting EACH PARTNER GROUP will organize its own trip in autonomy and independently.

Accomodations reservation, Food, Transports will be organized and managed by individual participants / groups.

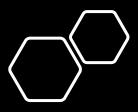
Meals will be reimbursed up to 3 for day.

The coordinator will not be responsible for your stay in Rome.

All expenses will be paid in advance by the participants.

SOS EUROPA will reimburse the costs by bank transfer after the delivery of the supporting documentation.

Budget Limit 575€ for each participant



REIMBURSEMENT

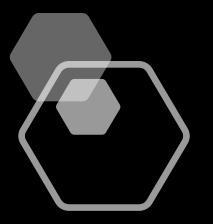
Reimbursement must be based on the basis of actual costs (reimbursement of receipts). Costs may be claimed only for journeys directly connected to specific and clearly identifiable project-related activities.

Costs for subsistence (cost of accommodation, meals, local travel within the place of mission and sundry expenses) are eligible up to the actual amount spent.

It is thus very important to keep all supporting documents. These may be requested by the Agency before making the final payment but should be kept available in any case for a possible ex-post audit/control.

To be considered eligible, these costs must be reasonable, conform to local prices and be exclusively linked to the project.

Lost, fake or incomplete documentation will not be reimbursed.



Contact

m.ditommaso@soseuropa.it

www.soseuropa.it

https://www.facebook.com/SOSEuropa2016

https://www.instagram.com/sos_europa/