



GROUP WORK: SOUTH

DATE: 2-3 / 04 / 2022

### Project fiche

<b>TITLE OF THE PROJECT</b>	AIKIDOO
<b>Funding programme</b> <i>Indicate the selected funding programme and call and the priorities the project wants to address</i>	Erasmus Sport
<b>Objectives</b> <i>General and specific objectives of the project</i>	<p>To aware children and their parents about <del>Promoting martial arts to learn more about respect, empowerment and self discipline through martial arts.</del></p> <ul style="list-style-type: none"><li>- To connect children from different countries through martial arts</li><li>- To transfer knowledge between consortium.</li></ul>
<b>Target groups</b> <i>Who will use and or benefit from the outputs?</i>	Teenagers (12-16yo) PARENTS

**Summary of the project**

Short overview of the project

The project will involve four partners from Italy, North Macedonia, Spain and Bulgaria. During the last time we faced with a growing aggressive attitude of children for several reasons: lack of time with their family, an abuse of digital support including fighting videogames which isolate them and demystify their perception of violence.

The project wants to aware children and their parents about respect, empowerment and self-discipline through martial arts. The project wants to break the prejudice of martial arts which are indeed a source of good practices and healthy habits.

~~the specific~~ The duration of the project is 18 months.