

# SOS EUROPE

## Our projects



## THE PRESIDENT

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In 2016, with a group of people motivated by a common feeling and the sharing of essential values, we founded SOS Europa. Our vision was clear: to contribute to building a more just, inclusive and sustainable world, valuing diversity and promoting solidarity between peoples. Since that moment, our association has embarked on an extraordinary journey, transforming bold ideas into concrete projects that have left a tangible mark on the communities we have involved.

Writing the preface to this publication, which recounts the best projects carried out by SOS Europa, is for me an opportunity for reflection and, at the same time, of great pride. Every page, every story, reflects the hard work, passion and creativity of an exceptional team and a network of partners and volunteers without whose dedication none of this would have been possible.

The projects described here are the tangible manifestation of our values and our commitment. From the integration of refugees to the protection of the environment, from the education of young people to the promotion of culture and art as tools for dialogue and inclusion, each initiative was guided by the belief that another Europe is possible. A Europe that puts people at the centre, that is actively committed to the defense of human rights and that works incessantly to reduce inequalities.

These projects also represent the many challenges we faced: bureaucratic obstacles, financial difficulties, complex political and social contexts. Yet, in every situation, we have found in resilience and innovation the key to overcoming any difficulty, demonstrating that collective action and solidarity can truly make a difference.

But most of all, this publication is a tribute to the communities and people who have been at the heart of our work. It is through their eyes that we have learned the most valuable lessons and through their feedback that we have been able to grow and improve. Their stories, their hopes and their dreams have been our main source of inspiration and will continue to guide our path.



## THE PRESIDENT

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As president of SOS Europa, I look to the future with confidence, knowing that the path we have undertaken together is only the beginning. This publication is not only an assessment of what we have achieved, but also an invitation to act, to join us, to believe that change is possible and that we all have a role to play in this great project that is Europe .

I hope that the stories told in these pages can inspire new generations to actively commit to the Europe we desire. Together, we can continue to build bridges, break down walls and work towards a future where solidarity, justice and inclusion are the pillars on which our society is built.

Thank you, truly, to all the people who collaborated with us on this wonderful journey. Every project completed, every initiative brought to life, every challenge overcome is the result of the passion, commitment and collaboration of an incredible team of individuals united by the same vision.

A handwritten signature in black ink that reads 'Mattia Di Tommaso'.

MATTIA DI TOMMASO  
**PRESIDENT OF SOS EUROPE**



## WHO WE ARE

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### **Our history**

SOS EUROPA is an independent social promotion association based in Rome, born from the enthusiasm of its volunteers for European values, with the primary mission of supporting the integration of young people inside and outside the European Union.

SOS Europa has always promoted and encouraged the exchange of cultures, knowledge and experiences: for this reason it is very active in the Erasmus plus framework program both as an applicant body for projects and as a partner in international exchanges and projects. Furthermore, for several years it has been spreading European policies in the youth sector thanks to the numerous courses it frequently organises, attended by representatives of different realities who work in contact with young people from all over the national territory.

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### **Our Mission**

It promotes peace, social and economic justice, equality and the guarantee of citizenship rights, democracy and bottom-up participation, social inclusion and intercultural dialogue.

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### **Our Objectives**

Promote participation in democratic life in Europe and in the labor market, active citizenship, intercultural dialogue, solidarity; promote qualitative improvements in the field of youth work; integrate policy reforms at local, regional and national levels and support the development of knowledge-based and evidence-based youth policy; promote the recognition of non-formal and informal learning, in particular through strengthened political cooperation; increase the international dimension of activities in the youth sector and the role of youth workers (Youth Workers) and youth organizations as support structures for young people.



## OUR VALUES

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### 1. Human Dignity

Human dignity is inviolable. It must be respected and protected and constitutes the very basis of fundamental rights.

### 2. Freedom of Movement

Freedom of movement gives citizens the right to move and reside freely in the European Union. Individual freedoms, such as respect for private life, freedom of thought, religion, assembly, expression and information, are protected by the EU Charter of Fundamental Rights.

### 3. Representative Democracy

The functioning of the EU is based on representative democracy. Being a European citizen also means enjoying political rights. Every adult EU citizen has the right to stand and vote in elections to the European Parliament. EU citizens have the right to stand and vote in their country of residence or in their country of origin.

### 4. Equality

Equality means granting all citizens the same rights before the law. The principle of equality between men and women is the basis of all European policies, and is the element on which European integration is based. It applies in all sectors. The principle of equal pay for equal work was enshrined in the 1957 treaty. Although inequalities persist, the EU has made considerable progress.

### 5. Rule of Law

The European Union is founded on the principle of the rule of law. That is, all its powers rest on treaties freely and democratically signed by the member countries. Law and justice are protected by an independent judiciary. Member countries have given the Court of Justice of the European Union the power to give final rulings and everyone must respect the sentences issued.

### 6. Human Rights

The Charter of Fundamental Rights of the European Union protects human rights, including the right not to be discriminated against on grounds of sex, racial or ethnic origin, religion or belief, disability, age or sexual orientation, the right to protection of personal data and the right of access to justice.

# PROJECTS



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**COOPERATION,  
HUMAN RIGHTS  
AND LEADERSHIP**



COOPERATION

► [www.soseuropa.it](http://www.soseuropa.it)

# AEWIA

The African and European Women in Action (AEWiA) project intends to promote and strengthen the role of women in intercultural dialogue between Europe and Africa, through the valorization of intangible heritage.



Over the three years of the project, 10 virtual exchange activities and 3 digital outputs will be carried out which will reach a total of 1560 people. The activities will be divided into three specific training programs:

- 1) A training for youth workers, which will involve 330 participants, to teach specific knowledge, skills and abilities in the field of Sustainable Development and Intangible Cultural Heritage.
- 2) Discussion forum for 150 women between 18 and 30 and 30 facilitators, which will allow the creation of an intercultural dialogue that focuses on the role of women in the family, in society and at work.
- 3) Training course for 330 young people which will teach them to carry out advocacy campaigns using digital tools and new communication technologies (ICT).

- Increase women's knowledge, skills and transversal skills relating to intangible heritage as a tool for sustainable development;
- Promote the sharing of knowledge and traditions related to women within the social fabric;

- Improve advocacy and networking capabilities by exploiting the potential of digital.

The digital outputs are:

- an E-Book that will illustrate the concepts, case studies and guidelines to support intercultural dialogue through Intangible Cultural Heritage;
- a MOOC that will illustrate the mapping of cultural heritage elements linked to the female world as promoters of Sustainable Development;
- a Community of women for women, to advocate on issues related to intercultural dialogue between Europe and Africa.



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**



COOPERATION

► [www.soseuropa.it](http://www.soseuropa.it)

# YOUTH WILL BE FREE



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

► 278.761,00 €

The You(th) Will Be Free project aims to improve the quality of youth work in the Middle East and North Africa (MENA) region, with the aim of transforming it into a social rehabilitation tool for young ex-offenders or young people with high risk of crime. The project offers them the opportunity to pursue a career as youth workers, thus facilitating their access to decent work.



The project will focus on three specific objectives:

- Enhance the specific skills of 24 youth workers from 8 partner associations in psychology, deviance pedagogy and cultural mediation.

- Present the profession of youth worker, its objectives, career prospects and the skills and competences needed by young ex-offenders or at high risk of crime in the Mediterranean and MENA regions.

- Develop a pilot training program for 9 young ex-offenders to become youth workers and role models, enabling them to train other young people in a cascade. On a smaller scale, this pilot program will be replicated in all partner countries, involving 30 young people from 8 countries (Italy, Greece, Malta, North Macedonia, Syria, Jordan, Egypt, Tunisia).

The planned activities include:

- A training course for trainers.
- A laboratory for young ex-prisoners and subjects at high risk of crime.
- A training and job shadowing course for ex-prisoners to introduce them to the profession of youth worker.

Project outcomes will include:

- A specific manual for youth workers on training young people at high risk of criminal activity.
- A report on the role of the youth worker in MENA countries.
- A scalable and replicable training program adaptable to various contexts.



COOPERATION

► [www.soseuropa.it](http://www.soseuropa.it)

# ANG ROMA RADIO SOCIALE



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

► 8.000,00 €

The project aims to promote creativity, talent and entrepreneurship as a tool for social inclusion, privileging the art and culture sector.



Co-funded by the  
Erasmus+ Programme  
of the European Union



The aim is to create a network of connections in which virtuous realities are told, positive stories of young people and others, who are committed to realizing their own passion and self-determination. We wish to highlight how commitment to one's professional and personal fulfillment can help inclusion in society and how continuous training is fundamental for growth.

Giving space to emerging artists who can talk about their experience and who often also deal with issues related to human rights and inclusion can be a double value for our project: art and talent in general will in fact be promoted, and through them the possibility of inclusion and fulfillment.

The radio will come to life at the operational headquarters of SOS EUROPA, which is also the operational headquarters of various associations with which SOS Europa has been collaborating for years. This is very important to create a place where they can channel as much enthusiasm and skills as possible, where an exchange of good practices can take place not only between the young people of the project team, but also with the other associative realities of the network that SOS Europa has built over the years. Furthermore, this network of relationships will be fundamental for the dissemination of the radio's contents, for the organization of promotional events and for the creation of a communication and dissemination campaign that is as broad as possible.

The project will last a total of 4 months, starting on August 15th and ending on December 15th. The number of participants will be 18 people, while we hope to involve and have an impact on many more people, approximately 1000.

It is planned to involve young people directly with an information tour in schools and places where young people meet, such as libraries or gyms. During the promotion days, small creative workshops will also be held using the methodology of non-formal education, to ensure that young people, through written productions or other forms of communication and expression, can tell their point of view regarding the theme of social inclusion and the issues related to the project that will be presented.





COOPERATION

► [www.soseuropa.it](http://www.soseuropa.it)

# DIGITAL WOMUNICATION



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

► 102.365,00 €

The general objective of the Digital Women communication project is to increase the employability of women aged between 18 and 30 from rural contexts, through the acquisition of digital communication skills, to be employed in the field of non-profit organisations.



The consortium, after a careful analysis of the needs carried out with the participation of interested parties, has identified specific objectives functional to achieving the general purpose:

Specific objective 1) Transfer digital skills relating to basic communication strategies to learners. At the end of the training course focused on "digital communication strategies", the trainees will improve their communication skills by +60%;

Specific objective 2) Allow trainees to adapt the skills acquired to the specificities of non-profit organizations. Through 6 months of practice at non-profit organizations, interns will acquire specific skills in the field of digital communication for non-profit organizations.

Specific objective 3) Develop the capacity of consortium bodies and organizations belonging to the non-profit sector active in the field of VET, providing training courses focused on non-formal, innovative methodologies based on a dual approach, bringing VET trainees closer to the world of work.



Thanks to the workshop which will feature new professionals and thanks to the creation of a video course on "Communication strategies of non-profit organisations", which will be fully integrated into the training offer of the consortium organizations within online training platforms, organizations will be able to increase the quality and accessibility of their training offerings.

The project activities will involve women aged between 18 and 25 from rural areas.

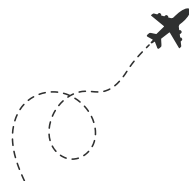


102.365,00 €

6 COUNTRIES INVOLVED

144 PARTICIPANTS

4 TRANSNATIONAL MEETINGS



## KICK OFF IN ROMA

The kick-off meeting of the DIGITAL WOMMUNICATION project (ID.101092394) took place in Rome on 13 February 2024. The project is financed by the European Commission and coordinated by the Italian association SOS EUROPA. The meeting was attended by two delegates from each NGO in the partnership, including DIDEAS from Spain, BRAVO from Bosnia and Herzegovina, PEL from North Macedonia, MLADIINFO from Montenegro and KOSOVA GIOVANI AVVOCATI from Kosovo.





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**COOPERATION**

► [www.soseuropa.it](http://www.soseuropa.it)

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# GIOVANI WANNABE



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**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

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► 22.000,00€

The general objective of the GIOVANI WANNABE project is to promote an active role of young people in defining the legislative priorities of local authorities in the field of social policy.



Specific objectives:

1. Improve the knowledge, skills and abilities of young people under 30 on the functioning of local authorities (legislative procedures, regulations, reference regulations)
2. Promote the development and definition of legislative proposals for the improvement of youth policies and discussion with "political decision makers".
3. Contribute to the creation of a permanent community of development, production, ideas, suggestions and new ideas for the future.

This project intends to involve n. 90 young people under 30 from all over Italy. Specifically, the project is aimed at managers, activists, volunteers from social promotion associations (who work mainly on youth issues) and local administrators under 30. Furthermore, 10 participants will be involved, including experts, youth workers, political decision makers and other institutional stakeholders (without age limit). Gender equality and geographical origin will be respected: 30 young people from the Northern Regions, 30 from the Center and 30 from the South and Islands. Three meetings are scheduled: Milan, Rome and Palermo.



Expected results:

1. Practical online course on the functioning of local authorities (theory and practice)
2. Preparation of a manifesto containing legislative proposals
3. YOUTH WANNABE online community.



Insieme. Da sinistra: Mattia Di Tommaso (di Sos Europa, associazione promotrice) e gli assessori Frattini e Pol

**Brescia** scelta come tappa dell'iniziativa italiana: ragazzi a confronto

**IN SINTESI**

**Gli obiettivi.**

Tra gli obiettivi c'è l'elaborazione di «proposte legislative miglioratives per i giovani: l'incontro di dicembre a

call, nella formazione di una community online permanente di elaborazione di idee e, soprattutto, nella stesura di un manifesto da consegnare all'Amministrazione.

**Il percorso.** Brescia è la tappa intermedia, dopo un primo incontro a Palermo a dicembre, mentre l'ultimo sarà a Roma in ottobre. «All'inizio avevamo scelto Milano - spiega Di Tommaso -, ma poi abbiamo cambiato per premiare l'indirizzo che l'Amministrazione di Brescia ha in questo settore. C'è poi un'altra possibilità, far conoscere a tutti i ragazzi under 30 le opportunità che la Commissione offre per supportare esperienze di formazione e studio in Europa».

Il progetto, patrocinato dal Comune, vede il coinvolgimento dell'assessore alle politiche giovanili e di quello

no esclusivo del destinatario, non riproducibile.

# PROJECT IN ITALY

90 PARTICIPANTS

3 NATIONAL MEETINGS



## EVENT IN PALERMO

On December 5th, the first event of the Giovani Wannabe project was held in Palermo, in the Liceo E. Basile. The event saw the participation of 30 girls and boys between 18 and 22 years old, from the last year of high school to the first years of university.

The day ended with an overall evaluation by the participants: 100% of the participants expressed a positive opinion on the day, which was defined as "interesting", "engaging" and "inspirational" for their future.





# FREE TO BE

The overall objective of the project is to prevent homophobic cyberbullying among young people: a form of bullying that occurs through digital devices and platforms such as mobile phones, computers, social media and tablets perpetrated against LGBTQI (lesbian, gay, bisexual, transgender, queer) young people and intersexual).



The main objective will be achieved through the achievement of the following specific objectives:

1. Promotion of respectful language used through devices and digital platforms referring to the LGBTQI community;
2. Spread respectful and appropriate language against LGBTQI people, particularly in the use of the internet and social media;
3. Create a permanent network of youth associations and Youth Workers to promote prevention and raise awareness on the topic of homophobic cyber-bullying.

Specifically, the proposed virtual activities involve youth workers giving them the opportunity to develop a virtual exchange project with other colleagues from different countries.

Thanks to the project, youth workers will become real agents of change in the prevention of homophobic cyberbullying by guiding and supporting young people inside and outside the consortium.



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION



**68.064,78 €****7 COUNTRIES INVOLVED****360 PARTICIPANTS****2 TRANSNATIONAL MEETINGS****4 ONLINE MEETINGS**

## KICK OFF IN TIRANA

The kick off meeting of the FREE TO BE project (Project ID: 101081200), co-financed by the European Commission, took place on 12 September 2023 in Tirana. The project is an ERASMUS-EDU-2021-VIRT-EXCH-IPA according to the rules of the Erasmus Plus Program, and is coordinated by the Italian Gaycs association.

The representatives of the associations, such as: Gaycs (Italy), SOS europa (Italy), Bravo (Bosnia), PEL (North Macedonia), OMSA (Albania), Yellow (Kosovo) and Mladiinfo (Montenegro), met at the Albanian capital, hosted by the local association OMSA, for the first project meeting.





# DIGITAL EDUCATION CYBER INCLUSION

Digital Education Cyber Inclusion has the general aim of providing students between 18 and 25 years old who aspire to work in organizations in defense of LGBTQI rights, digital skills to combat homophobic cyberbullying.



Specific objectives:

1. Improve the digital skills of trainers for the identification of acts of homophobic cyberbullying;
2. Develop methods of intervention against the phenomenon to be transferred to learners.

The activities implemented will be:

1. Training courses to improve the digital skills of trainers in identifying homophobic cyberbullying phenomena;
2. Workshop for the creation of specific intervention guidelines against the identified phenomena to be transferred to learners.

Thanks to the training course, a 60% improvement in the trainers' skills is expected and the creation of a permanent exchange community between sector operators and 7 video tutorials relating to digital identification tools.

Through the second activity, i.e. the workshop, specific digital intervention guidelines will be developed and the trainers will feel at least 50% more ready than before, in transferring the intervention guidelines to the learners



60.000,00 €

# 3 COUNTRIES INVOLVED

48 PARTICIPANTS

3 TRANSNATIONAL MEETINGS

2 ONLINE MEETINGS



## FINAL EVENT IN ROME

The last meeting of the Digital Education Cyber Inclusion project was held in Rome on 13 December, during which two representatives from each organization participated, for a total of 8 people.

The impacts obtained were analysed, which led to the creation of a strategy for disseminating the results and raising awareness of the local communities in the long term, thus outlining the lines of action to guarantee the sustainability of the project itself. This strategy involves the creation of info days aimed at specific targets: school teachers, students and families.





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COOPERATION

▶ [www.loseuropa.it](http://www.loseuropa.it)

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# EUROPEAN CIRCULAR FARMERS NETWORK

The fundamental objective of the project is to create an open European network, made up of young aspiring farmers, for the promotion of circular agriculture, through cooperation with local institutions, media, associations and training centers



The desire is also to keep this network active even after the conclusion of the project activities, thanks to targeted fundraising campaigns and crowdsourcing platforms on the web.

The activities are made up of 4 phases: 1) planning and preparation activities; 2) implementation of local activities and transnational mobility (within which 3 mobilities will be planned to be held in Lublin, Teatro and Rome); 3) implementation of measures aimed at ensuring the management, effectiveness and quality of the project; 4) activities to evaluate and share the final results of the project.

The expected results are: A) a manual of good practices for aspiring circular farmers called "The Green Circle" to be made available as an open educational resource; B) creation of a motivational video story on the web to spread the principles of circular agriculture and encourage young people to undertake this profession, through a collection of short video tutorials, demonstrating some sustainable agricultural practices, entitled "How to be a circular farmer " .



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PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

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▶ 60.000,00 €



# TRANSNATIONAL MOBILITY

3 MOBILITY - 3 COUNTRIES

60.000,00 €

## 01.

### TRAINING COURSE IN LUBLIN, POLAND

On 22 October 2023, the first international meeting of the "European Circular Farmer Network" project was held in Lublin (Poland), a project co-financed by the European Commission under the Erasmus+ program, VET section.

## 02. A laboratory in Paranesti

The next step will be in May in Paranesti, Greece. Participants will have the opportunity to visit an Apiary, the headquarters of our Greek partner.







Achieve gender equality and empowerment  
(greater strength, self-esteem and awareness) of  
all women and girls.



# RIPARTIRE DA MAMMA

# RIPARTIRE DA MAMMA

The ASL Roma 2 extends in the south-east area of the city of Rome over an area of approximately 470 km<sup>2</sup>, equal to 36% of the total area of the Municipality of Rome. It is organized into six Health Districts whose territory coincides with that of the homonymous Municipalities IV, V, VI, VII, VIII and IX. The resident population is over 1,300,000 inhabitants, equal to 45% of the total population of the Municipality. The composition of the population and its distribution across the territory is very variable, as it is a large geographical area that extends from the center to the outskirts of the city. The average density is around 2,800 inhabitants per km<sup>2</sup>, higher than that of the Municipality and higher in Districts 4, 5 and 7 due to their proximity to the city centre; District 7 is the most densely populated and alone represents a quarter of the total population.

Among the expected results of this project is that of creating a system of pro-active synergies that is able to combine the need of Third Sector entities to obtain community contributions for the implementation of their activities and the professional and employment needs of new mothers beneficiaries of the project. In fact, there are many realities (public or private) present in the territory of the ASL Roma 2. With this project we want to promote the meeting between these realities (with their project ideas and their local activism) with new professional mothers. The objective is twofold: to offer a job and professional growth opportunity for the beneficiaries of this project (compatible with their dual role as working mothers) and on the other to offer a possibility of public financing for the projects developed, conceived and structured as the final product of that meeting.



PROJECT FUNDED BY THE LAZIO  
REGION

► 60.000,00 €



40.000,00 €



RIPARTIRE DA  
MAMMA



Raggiungere l'uguaglianza di genere e l'empowerment (maggiore forza, autostima e consapevolezza) delle neo-mamme.



#### FORMAZIONE FUTURE DONNE PROFESSIONISTE

Percorso formativo nel settore del Management e dei finanziamenti europei.



#### MENTORING INDIVIDUALE E DI GRUPPO

Aiutare la neo mamma (beneficiaria) a definire gli obiettivi da raggiungere alla fine del percorso o in un periodo più lungo.



#### AVVIO ATTIVITÀ AUTONOME E PRESENTAZIONE DEI PROFESSIONISTI

Supporto pratico nell'avvio di attività, grazie al supporto di professionisti che possono offrire le prime importanti informazioni di carattere burocratico e fiscale.



#### TASK FORCE SUI FONDI EUROPEI PER IL TERRITORIO

Avvio di processi di progettazione partecipata finalizzata alla richiesta di finanziamenti pubblici.

ACHIEVE GENDER EQUALITY  
AND EMPOWERMENT  
(GREATER STRENGTH, SELF-  
ESTEEM AND AWARENESS) OF  
ALL WOMEN AND GIRLS.

IMPORTANT!



# IN MOM WE TRUST



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

In the European Union, in 2018, among residents aged between 18 and 64, 106 million people, more than one in three (34.4%), had nursing responsibilities. Of them, 90 million cared for children or young people aged 0 to 14. The highest incidence among those who take care of children is recorded in the 35-44 age group, in which almost half of the people (47.7%) are invested in caring for a child under 15 years of age.



According to the European Statistical Office, again considering 18-64 year olds with responsibilities for caring for children or young people, more than 8 out of 10 men report that childcare tasks have had no effect on their professional side (83 %), against just over 6 out of 10 women (61%), with a difference of 22 percentage points between the two genders. Almost one in three people (27.1%) between 18 and 64 years old, however, had to make some adjustments at work to facilitate childcare activities, but this choice weighed more heavily on women. Among the various possible options, one of the main paths followed was the reduction of working hours, which involved 18% of women and 3% of men.

The objectives are:

- 1) Start-up of new (autonomous) businesses by new mothers in the relevant sector;
- 2) The creation of a network of professional mothers at community level.

The results are:

- The creation of a network of professional mothers at community level. It is expected to create a space for international sharing and discussion among participants in order to allow them to continue the process of improving skills and professional self-determination.

This network will also be made up of representatives of the partner organizations so as to be able to establish a legal relationship with the associations and their respective local communities. They will act as mentors for the charities. A web portal will be created from this community, constantly updated and enriched by different experiences.

-A tool at the service of local communities. During the project cycle we will work to create a system of proactive synergies capable of combining the need of Third Sector entities to obtain community contributions for the implementation of their activities and the professional and employment needs of the new mothers who are beneficiaries of the project. Specifically, we intend to start a constant collaboration that can combine the ideas (and needs for economic support) of local realities and employment opportunities for the beneficiaries.



Europrogettisti e Mamme insieme  
per nuove prospettive professionali  
all'insegna dell'Europa



Mothers at work for new european  
challenges in children rights and  
digital transformation.

# 6 COUNTRIES INVOLVED

70.483,00 €



Inizia ufficialmente il nuovo progetto  
di SOS Europa In MOM we Trust



Europrogettisti e Mamme insieme  
per nuove prospettive professionali  
all'insegna dell'Europa



Mothers at work for new european  
challenges in children rights and  
digital transformation.



Ready to follow up the project In  
Mom We Trust

## MEETING IN BANSKO

Most of the delegations were made up of women and mothers and this represented a significant advantage for the success of the activity, as they made their life experience available to the participants both as mothers and as project managers. A long and passionate debate was fueled by the exchange of different experiences and perspectives.

During this second international activity, the partnership focused on applying the knowledge and skills acquired during the first teambuilding, in a concrete exercise of analyzing a tender and designing a project in response to the tender.





COOPERATION

► [www.soseuropa.it](http://www.soseuropa.it)

# YOUTH FOR CHANGE



PROJECT FUNDED BY THE LAZIO  
REGION

► 40.000,00 €

Provide quality, equitable and inclusive education and lifelong learning opportunities for all.



The territorial scope of this project is the A.S.L. Rome 2, where the SOS Europa association has been carrying out a series of key activities for years for the social promotion of the territory and its communities, especially young people and migrants. SOS Europa was born from its volunteers' enthusiasm for the values of openness, tolerance and inclusion, and from the belief that young people can and should play an increasingly crucial role as agents of sustainable change, active citizens and supportive members of the community. For several years, SOS Europa has been actively working in its local context and in the outskirts of Rome, but also at a regional, national and European level, and has been an incubator, like many voluntary organisations, of virtuous examples of social integration, youth empowerment and citizenship active in the reference territory. The territory of the A.S.L. Rome 2, which this project aims to prioritize, covers a very large area of the city of Rome and includes the municipalities of the south-east area IV, V, VI, VII, VIII and IX. This vast geographical area, characterized by specific social, economic and cultural trends, is mainly inhabited by lower-middle classes, with relatively high poverty rates and one of the highest Social Distress Index (IDS) values in the Capital. It is also characterized by the highest presence, not only of foreign population, but also of adolescents and young people, to whom this project is aimed.

#### Lines of business

- Education, instruction and professional training, pursuant to law 28 March 2003, n°53, and subsequent amendments, as well as cultural activities of social interest with educational purposes
- Organization and management of cultural, artistic or recreational activities of social interest, including activities, including editorial, to promote and disseminate the culture of volunteering and activities of general interest referred to in this article
- Instrumental services to Third Sector entities provided by entities made up of no less than seventy percent of Third Sector entities







## “Roma, lo sviluppo sostenibile e il Terzo Settore”

25 Settembre 2021 | Ore 10.00  
Fusolab 2.0 | Viale della Bella Villa, 94, 00172 Roma RM

Partecipazione gratuita  
Per informazioni info@soseuropa.it



## Workshop “Associazioni di giovani - Cambiare il territorio insieme”

25 Settembre 2021 - Dalle 15.00 alle 19.00  
26 Settembre 2021 - Dalle 10.00 alle 15.00  
Fusolab 2.0 | Viale della Bella Villa, 94, 00172 Roma RM

Partecipazione gratuita  
Per informazioni info@soseuropa.it



## ASSOCIATIONS AND THIRD SECTOR

### LET'S SEE THE MOST COMMON STEREOTYPES TOGETHER

40.000,00 €



**“A NESSUNO FREGA, COINVOLGE LA GENTE È NO STRESS INFINITO”**

In realtà:

L'Italia è il Paese con il più alto numero di associazioni ed il più alto numero di iscritti, soprattutto nella fascia 18/25 anni.



**“NUN SERVE A GNENTE, SE PERDE SOLO TEMPO”**

In realtà:

Grazie all'associazionismo, puoi svolgere attività di utilità sociale per il raggiungimento di finalità civili e culturali, promuovendo la partecipazione di tutti.



**“FONDÀ N'ASSOCIAZIONE È UN CASINO”**

In realtà:

Bastano poche semplici mosse: scegli una causa, decidi il nome, scrivi il manifesto con gli obiettivi, registrala e.. sogna in grande.



**“E' TUTTO UN MAGNA MAGNA”**

In realtà:

Tutti gli enti del terzo settore devono tenere la contabilità in modo chiaro e soprattutto trasparente nei confronti del pubblico e degli associati, con la redazione delle scritture contabili, del bilancio e della relazione di missione.



**“LE ASSOCIAZIONI NUN C'HANNO 'NA LIRA”**

In realtà:

La Commissione Europea ha stanziato 350 miliardi di euro di fondi a gestione diretta, coprendo una gamma estremamente ampia in termini di tematiche, di categorie di beneficiari e di modalità d'intervento.



**“NON CE STA UN GUADAGNO PERSONALE, NECESSARIO PER CAMPÀ”**

In realtà:

Vige il divieto di divisione degli utili (valido, invece, nel mondo del c.d. "profit") perché l'obiettivo delle associazioni non è creare profitto, tuttavia le prestazioni lavorative degli associati vengono retribuite.

YOUNG LEADERS

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YOUNG LEADERS FARMER  
NEXT GENERATION OF YOUNG LEADERS  
YOUNG LEADERS ITALY YOUNG LEADERS INTERNATIONAL  
MEETING II EDITION  
YOUNG LEADERS WORLD FORUM



COOPERATION

► [www.roseuropa.it](http://www.roseuropa.it)

# YOUNG LEADERS ITALY



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

► 4.855,50 €

The YOUNG LEADERS ITALY project promoted by SOS Europa intends to encourage, support and enhance value proposals put in place by the young generations and offer them tools and spaces to assume an active role within local, national and European decision-making processes.



The general objective is to promote an active role of Italian Young Leaders in local, national and European decision-making processes.

The Specific Objectives are:

1. Create a network of Italian Young Leaders to exchange ideas and proposals
2. Transform ideas into proposals.
3. Raise awareness among stakeholders and political decision makers on the project themes.

#### THE EXPECTED RESULTS

1. Creation of the YoungLeaders Italia network website.
2. Formulation of proposals for improving the condition of young people.
3. Create awareness campaigns on the proposals developed
4. Encourage the use of a non-formal learning methodology in order to promote the development of social skills and capabilities related to democratic values and human rights such as freedom of expression and respect for diversity, through the daily practice of democratic principles .
5. . Develop digital tools for young people's political participation in combination with face-to-face elements and develop appropriate trainings for teachers, youth workers, trainers and multipliers working with different target groups in formal education and non-formal learning contexts at in order to reach young people at all levels.

6. Promote EU programs to support young people, such as Erasmus+ and European Solidarity Corps

The YOUNG LEADERS ITALY project involves the involvement of 100 participants divided as follows:

- 30 from SOUTH - Italy aged between 18 and 30
- 30 from Northern Italy aged between 18 and 30
- 30 from Central Italy aged between 18 and 30
- 5 Experts in youth policies
- 5 Refugees seeking asylum residing in Italy.



COOPERATION

► [www.loseuropa.it](http://www.loseuropa.it)

# YOUNG LEADERS FARMERS

# ARSIAL



PROJECT FUNDED BY THE LAZIO  
REGION AND ARSIAL

► 20.000,00 €

The YOUNG LEADERS FARMER project promoted by SOS Europa intends to encourage, support and enhance the work of young farmers from Lazio by working mainly on leadership skills and potential in terms of growth, improvement and expansion on international markets



The general objective is to promote the leadership of young farmers under 35 in Lazio. The Specific Objectives are:

1. Improve the skills, knowledge and skills of young farmers;
2. Create a network of young leaders in the agriculture sector;
3. Raise awareness among stakeholders and political decision makers on the project themes
4. Creation of the YOUNG LEADERS FARMER award In Lazio, a historic return to the land is underway with numerous under 35s at the helm of agricultural businesses, a record at community level with an extraordinary increase in the last five years. The renewed attractiveness of the campaign for young people is reflected in the common belief that agriculture has become a sector capable of offering and creating employment and professional growth opportunities, which are also destined to increase over time.

SOS Europa has had the web portal [www.youngleaders.it](http://www.youngleaders.it) active since 2017 where it collects, stimulates and enhances the role of young generations in different sectors of society. Over the years we have implemented various projects on the same theme thanks to funding from the European Commission. Due to Covid we had to suspend the work of the Young Leaders World Forum project but we intend to involve the beneficiaries of this project also in our other activities, especially at an international level, on the same theme, so as to guarantee the sustainability of the results over time. Furthermore, they will be actively involved within our network so as to be able to benefit from the contamination of ideas, advice and suggestions with other leaders of their peers.



## Our motivation:

In Lazio, a historic return to the land is underway with numerous under 35s at the helm of agricultural businesses, a record at community level with an extraordinary increase in the last five years. The renewed attractiveness of the campaign for young people is reflected in the common belief that agriculture has become a sector capable of offering and creating employment and professional growth opportunities, which are also destined to increase over time.

One of the biggest challenges facing young agricultural entrepreneurs in Lazio is that of changing the market in which we operate. In order to deal with it, it is necessary to work on behavioral aspects, increasingly developing Soft Skills, the only truly inexhaustible resources to cope with the evolution of work paradigms.

## CONCLUSIVE CEREMONY

With the final ceremony in the evocative location of Agriturismo Pallotta, the YOUNG LEADERS FARMER project promoted by SOS Europa comes to an end, which intends to encourage, support and enhance the work of young farmers in Lazio by working mainly on leadership skills and potential in terms of growth, improvement, and expansion into international markets.





# NEXT GENERATION OF YOUNG LEADERS



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

The general objective of the NEXT GENERATION OF YOUNG LEADERS project is to promote youth participation within national decision-making processes.



- 1) Improve the skills, knowledge and capabilities of young people in relation to the functioning of democratic institutions.
- 2) Promote active citizenship through discussion, discussion and sharing on political priorities that concern the young generations
- 3) Promote advocacy capacities at various levels in relation to youth policies
- 4) Promote a structured dialogue in view of the national political elections scheduled for 2023.

The project includes two mobility activities and 2 online training activities. It will involve a total of 100 participants (90 young people under 30 and 10 policy makers).

#### MOBILITY ACTIVITIES

- 1- MEETING IN ROME (duration 3 days) - 100 pax
  - 2- VISIT MEETING IN BRUSSELS (duration 5 days) - 20 people
- #### ONLINE ACTIVITIES

Before the meeting, an online training course is planned for all participants on our e-learning platform on the functioning of legislative assemblies, on labor issues, on data and statistics on youth policies at an Italian and European level.

- Webinar series on Zoom for further information and discussions
- After the meeting, online training course for all participants on the topics of leadership and advocacy techniques and webinar on zoom

The expected results are:

- 1) Creation of a team of 100 young leaders with knowledge, skills and abilities adequate for the functioning of democratic institutions.
- 2) Creation of a space (physical and virtual) for exchange, discussion and sharing on issues related to youth policies.
- 3) Creation of a generational manifesto and dissemination of the same.
- 4) Creation of opportunities for structural dialogue between young people and political decisions at national and European level.





32.600,00 €

## The meetings in Rome



### MEETING IN ROME

May 11th was the second day of the meeting of our NEXT GENERATION OF YOUNG LEADERS project.

The young participants, divided into thematic work tables, had the opportunity to compare and discuss highly topical issues concerning youth policies in Italy and Europe.

The objective is to transform this debate into concrete and improving proposals.

Thanks to the enthusiasm of all the participants who accepted the idea of the project and got involved.





# YOUNG LEADERS INTERNATIONAL MEETING II EDITION



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

The YOUNG LEADERS INTERNATIONAL MEETING II EDITION project aims to support the participation of young people in representative democracies and civil societies. Furthermore, it worked to support the participation and engagement of young people and youth organizations in the process of policy development, implementation and evaluation through structured dialogue.



The specific objectives achieved were:

1. Participants were encouraged to participate in the 2019 European elections. They were also encouraged to actively engage in the formal structures of participatory democracies, such as political parties.
2. Promote partnerships between youth organizations and providers of youth education services and cross-sectoral cooperation.

The results achieved were:

- Preparation by the participants of proposals for the introduction of European laws in favor of young people.
- Elaboration by the participants of proposals to improve the Erasmus Plus programme.
- Creation of the network of the International Association IANG Generation.

This project gave many young people (and adults) the opportunity to get in touch with organizations committed to promoting active citizenship and improving youth policies.

The project involved 44 young people, with a balanced presence of men and women, plus 11 political decision-makers and experts in the field of youth policies, for a total of 55 participants (28 with fewer opportunities) from 11 different countries. A transnational meeting was held in Rome on 28-29-30 January 2019, organized by SOS EUROPA in collaboration with all partners. To carry out the activities, the most advanced non-formal methods of European comparison were applied, such as Open Space technology (OST), focused conversation, the Future Search Conference and the Structured European Dialogue (DSE).

The contents of the activities followed the SALTO publication and were based on "Working on Work for All" and "InclusionThroughEmployability".

Each participant was given the Youthpass certificate. A very structured dissemination plan was implemented through which the results of the project were shared and disseminated outside the reality of SOS EUROPA and the national territory, and the role of the Erasmus Plus program was widely promoted. After the meeting, several local events were organized to disseminate the results involving many young people. Many project participants reiterated their participation in other international mobility projects (including EVS and the European Solidarity Corps) and actively participated in elections in their country (some of them ran for office or supported a candidate). Furthermore, many participants took part in activities aimed at promoting active citizenship in their local community.



24.025,00 €

## WHAT DID WE DO?



## MEETING IN ROME

The project involves 44 young people (22 men and 22 women) plus 11 political decision makers or experts in the field of youth policies, for a total of 55 participants (of which 28 with fewer opportunities) coming from 11 different countries.







COOPERATION

► [www.roseuropa.it](http://www.roseuropa.it)

# YOUNG LEADERS WORLD FORUM



PROJECT FUNDED BY THE  
EUROPEAN COMMISSION

► 149.278,00 €

Recent statistical data shows us that the social commitment of young people follows different paths: young people prefer less structured organisations, set in local contexts, to large national associations. The possibility of implementing a transformative and change process, of which one feels like a full protagonist, seems to be the motivation that most drives commitment.



The YOUNG LEADERS WORLD FORUM project promoted by SOS Europa aimed to encourage, support and enhance value proposals put in place by the young generations and offer them tools and spaces to rise to a pro-active and decisive role. The general objective was to promote the active participation of Young Leaders in decision-making processes by encouraging the exchange of knowledge, skills and advice between young leaders and influencing policies.

**Implementation:**

1. Planning and organization
2. Implementation of transnational mobility activities
  - Kick Off Meeting in Cuatla Mexico (July 2022).
  - Training Course in Megara Greece (January 2023)
  - Training course in Kathmandu Nepal (March 2023)
  - Closing meeting in Rome, Italy (May 2023)
  - Local activities
3. Follow up and dissemination of results

The expected results are:

- 1) Creation of a community that contains: profile of Young Leaders, exchange of good practices, advice and insights and exchange of ideas and suggestions.
- 2) Creation of a generational manifesto
- 3) Promote the affirmation of new young leaders, 4) Promote campaigns and/or advocacy on the topic.



149.278,00 €



## 11 COUNTRIES INVOLVED



## KICK-OFF MEETING IN MEXICO

The YOUNG LEADERS WORLD FORUM project officially began on July 2, 2022 in Mexico City.

Representatives of the 10 partner organizations were present. The kick-off meeting was useful for defining the work plan, organizing the activities to be carried out, sharing best practices and coordinating the next steps.

The project promoted by SOS Europa aims to encourage, support and enhance the proposals put forward by the young generations and offer them tools and spaces to rise to a proactive and decisive role.



# PROJECTS



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**INCLUSION  
THROUGH  
SPORT**





SPORT

► [www.soseuropa.it](http://www.soseuropa.it)

# SPORTIVAMENTE



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

► 60.000,00 €

The project intends to promote greater awareness and knowledge of eating disorders among dance school teachers and instructors of specific sports disciplines, in order to contribute to prevention work among young athletes.



The project proposal aims to encourage cooperation between different countries through the definition of joint actions and initiatives to encourage healthy lifestyles in a synergistic way with the promotion of psychological health. The project starts from the awareness of the consequences of the pandemic also on young people. The health emergency has had a strong influence on sports practice, eating styles and psychological health. The proposal, therefore, will support the development of skills linked to greater awareness of health, also defined by the WHO as a state of complete physical, psychological and social well-being.

An intercultural dialogue will be promoted between sports instructors and dance teachers in order to identify good practices to raise awareness among sports personnel about eating disorders and prevent the onset of discomfort and difficulties in relation to body image and physical fitness. This helps to promote the vision of sporting activity as a means to promote a healthy lifestyle but also as a tool to prevent behaviors that are harmful to physical and psychological health.

Greater awareness and sensitization is expected regarding a complex discomfort with respect to the symptomatic characteristics with which it presents itself and with respect to the causes that can cause it. This objective can be achieved through the organization of local initiatives, events, international meetings and dissemination of products, achieved through intercultural and interprofessional dialogue.



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**SPORT**

▶ [www.soseuropa.it](http://www.soseuropa.it)

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# SAVE OUR SPORTS



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**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

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▶ 10.755,00 €

The Save our Sport project is inspired by Article 6 of the EU Treaty and Article 149 of the EC Treaty as amended by the Lisbon Treaty regarding the EU's contribution to the promotion of European sporting issues taking into account the specific nature of sport, of its structures based on voluntary activity and its social and educational function.



The specific objectives are: - Promote the role of sport against all forms of discrimination, - Promote gender equality in sport - Promote the diffusion of sport.

The needs emerged through stakeholder analysis. Each partner analyzed the needs within their organization.

Many of our members collaborate with LGBT associations in numerous sporting and social projects, such as football matches against homophobia, the organization of the Italian gay Olympics, etc.

The other partners want to improve their capacity to promote inclusion and promote rights and want to improve the quality of their actions, focusing on the promotion of sport. Many young people have expressed the motivation to delve into sport as a tool for social inclusion.

Many young people interviewed asked to know the characteristics of mobility projects, in particular the EVS and the European Solidarity Corps. The partners denounced the lack of youth work projects in their local communities.

The project served as a platform to share experiences and best practices in the field of sport as a tool for social inclusion and to promote the elimination of discrimination. As part of the project, participants had the opportunity to explore and develop their skills and put them into practice by creating sessions and projects under the Erasmus+ programme. The main themes to be addressed were: Sport, inclusion, human rights, non-discrimination, healthy lifestyles. Being a project developed at European level, in the field of youth work, it envisages long-term cooperation through follow-up strategy and multiplier effect.



10.755,00 €



## KICK OFF IN SAPRI

Kick-off for the "SaveOurSport" project in Cilento, in the municipality of Sapri, where European citizens from different countries, after a breathtaking breakfast on the Gulf of Policastro, broke the ice by sharing personalities and thoughts to get to know each other better, at the Sports Hall. In fact, during the morning, energizers and ice breaking games were created, so as to put all the participants at ease and give them the opportunity to gain greater confidence. The objectives of the project, the expected results and in general what SOS Europa wanted to generate with the creation of this project were also presented. Finally we shared the agenda of the week, thanks to a plenary session we created the rules of this youth exchange which were symbolically signed by all those present.





SPORT

► [www.soseuropa.it](http://www.soseuropa.it)

# INTERSPORT

Based on the awareness and capacity of sports organizations to deal with intersex people in sport, the overall objective of this project proposal is to raise awareness of intersex issues in the field of sport by bringing together key staff from five organizations European sports/youth sports in order to promote awareness, mutual learning, cooperation and exchange of good practices in the field of intervention



Therefore, the specific objectives of the project are i. raise awareness of intersex issues in the field of sport through the study of available data and existing policies, the exchange of good practices with other sports/youth organizations and direct dialogue with target groups; ii. increase the socio-professional skills of coaches/trainers/youth leaders in order to enable them to offer higher quality services and better respond to the needs of intersex people through sport; iii. promote the exchange of good practices at EU level and create transnational efforts in order to raise awareness of other sports organizations and promote continuous partnerships on the topic of intervention.

We are aware that to achieve our OBJECTIVE it is necessary to involve as many people as possible. We have defined a strategy for the active involvement of heterogeneous stakeholders. It will be important to involve other European and national networks with the same mission as this project.



Gaycs is a member of the European Gay & Lesbian Sport Federation and during their meetings we will disseminate the results of this project to broaden the number of potential beneficiaries. We will also implement a specific advocacy campaign with institutional stakeholders (national and European) to involve policy makers.



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

► 60.000,00 €



60.000,00 €

## 3 COUNTRIES INVOLVED

### YOUTUBE CHANNEL:



## MEETING IN PLASENCIA

The III International Meeting of the InterSPORT - IS project (ID: 101090395), financed by the European Commission, took place on 9 November 2023.

In order to promote the inclusion of intersex people in sport, participants first analyzed possible problems they might encounter, and then worked on potential solutions. Additionally, participants collaborated to create the slogan "SPORTS INTERSEXTS US ALL!!" designed specifically to strengthen the concept of inclusion of intersex people in sport.







SPORT

▶ [www.soseuropa.it](http://www.soseuropa.it)

# IPEU! I PLAY EUNIFIED, YOU?



Co-funded by  
the European Union

PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

▶ 60.000,00 €

"I play EUnified, you?" it will last 18 months and will have the general objective of encouraging the involvement and participation in unitary sports activities of young people with intellectual disabilities from 8 to 12 years old and promoting inclusion in sports environments where young people with and without disabilities live together and learn about the 'each other.



The specific objectives are: to increase the knowledge of children aged between 8 and 12 with intellectual disabilities and their families on good practices for the integration of young people with ID and on local and international organizations that offer unified sports activities for people with ID ; provide more opportunities for people with intellectual disabilities to try different unified sports and learn more about how to adapt different sports to their needs and desires; reduce preconceptions and prejudices about the impossibility for people with intellectual disabilities to participate in sporting activities at the same level as their peers without disabilities. The activities and results will be: A1. Research on current best practices in the field of integrating people with intellectual disabilities into sporting activities; A2. Mapping of organizations that offer unified sports activities; A3. 7-day international SPORT summer camp in Italy with 20 children aged 8 to 12 (10 with a card and 10 without) to create, with the Design thinking process, a set of guidelines divided by sport on how to make sporting activities more accessible to young people with disabilities; A4. YouTube channel with 36 interviews with young people with and without who practice unitary sport.



We expect: R1 greater knowledge of unified sports by young people with and without intellectual disabilities and their families, R2 new local and international opportunities to experiment with different unified sports activities, R3 a reduction in prejudices that currently limit young people with intellectual disabilities in sporting interaction with non-disabled peers. Recipients: partner organisations, the 20 young people (8-12 years) participating in the mobility and their families, young people in general, sports educators, other sports organisations.





60.000,00 €

## 3 COUNTRIES INVOLVED

### WHAT HAVE WE DONE?

- Interactive mapping of schools and associations that offer unified sports.
- Summercamp in Frascati (Rome) To practice unified sports.
- Unified Sports Sharing Interviews.
- Infoday for schools and sports centers.

### UNIFIED SPORTS INTERVIEWS

Our project aimed to give great importance and visibility to the testimonies of young people with and without intellectual disabilities already involved in unified sports at a European level, to shed light on unified sports and ensure that through the stories of the protagonists it is possible on the one hand to encourage participation in this type of sport and on the other hand reduce preconceptions and prejudices regarding the impossibility of people with intellectual disabilities to participate in sporting activities at the same level as their peers without intellectual disabilities.





SPORT

► [www.soseuropa.it](http://www.soseuropa.it)

# ESC: EXTRAORDINARY SOCIAL CHANGE THORUH SPORTS



PROJECT FUNDED BY  
THE EUROPEAN COMMISSION

► 48.070,00 €

The Extraordinary Social Change through Sport project aims to improve socio-sports animation through cooperation between sports promotion bodies and organizations that promote social inclusion.



The expected result is a higher quality socio-sports animation which will be verified by the end of the project using the quality standards that will be developed during the project cycle.

The specific objectives of this project are:

1. Promote knowledge and exchange of ideas, good practices and projects between the associations involved.
  2. Define an intersectoral and international working methodology. Promotion of a path that will present the cultural orientation of the associations committed to quality, starting from their peculiarities.
  3. Identify, starting from existing certification standards or management systems, and test a set of standards, related monitoring and evaluation systems, suitable for certifying the quality of social and sports entertainment.
- The expected results are:
1. Creation of an exchange network open to other interested associations.
  2. Creation of guidelines for quality socio-sports animation.
  3. Creation of a method to verify the quality standards of socio-sports entertainment.



The objective is consistent with the theme "Encouraging social inclusion" and "Equal opportunities in sport", contained in the Call EAC-A03-2018 / Small Scale Collaborative Erasmus Plus Sport. The project includes 4 transnational meetings. Dissemination and results are structured for sustainability, in order to generate benefits after the end of the project and to be used by other interested organizations that are external to the partnership of this project.



48.070,00 €

# 5 COUNTRIES INVOLVED

**How can we disseminate the project results, reaching as many stakeholders as possible?**

Non-fungible token  
 Talking about the results  
 Brochures University clubs  
 Influencer Video interview Putting in silabus  
 Role models advertising in eurosport Lionel Messi  
**Social media**  
 Schools **LinkedIn** Telegram  
 Local institutions Teaching students NFT  
 Presenting on conference



## FINAL EVENT IN ROME

Today's international meeting concludes the adventure of our Extraordinary social change through sport project, financed by the European Commission thanks to the Erasmus Plus program in the sport sector. In these 18 months we have worked with sports and social organizations from Bulgaria, Serbia, Romania and Turkey to improve the quality of social and sports animation and implement projects that promote social inclusion and integration.





**SPORT**

► [www.soseuropa.it](http://www.soseuropa.it)

# BEING ACTIVE!



**PROJECT FUNDED BY  
THE EUROPEAN COMMISSION**

► 56.245,00 €

The idea of the project was born thinking about the potential of sporting activities as a tool to promote active citizenship among young people. Playing sport, in fact, is one of the human activities most capable of involving people without any type of barrier, of connecting people beyond their differences, of building communities and strengthening identities.



This is why many non-profit organizations, in different fields of action, historically use sports activities to achieve their goals. For example, there are organizations that use sport to promote the integration of foreigners, immigrants, to improve the social inclusion of disadvantaged people, to strengthen communities, to improve the quality of life of disabled people, and many other examples could be cited. What SOS Europa proposes, therefore, is to create a network of European non-profit organizations with the aim of identifying best practices, tools and instruments for the use of sports activities and programs with the aim of stimulating active participation and active citizenship of young people. The essential objectives of the project will be:

- develop tools to stimulate community life and active citizenship through the sporting commitment of young citizens;
- identify common tools to improve young people's attitude to participation in social issues through sporting activities;

- create a table of good practices, tools, useful methods to help non-profit organizations address delicate problems and issues of society (integration and reception of migrants and refugees, social inclusion of disadvantaged people, improvement of the quality of life, etc...);
- create a European network of non-profit organizations that use sports activities as tools to improve society;
- create a results evaluation system for social and inclusive activities carried out through sports projects.





**WE WORK SO THAT EUROPE CAN  
RETURN TO BEING A GREAT DREAM**



**SOS EUROPE**

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